

Battle to get kids to brush

CHILDREN skip brushing their teeth around five times a week.

Over the course of a year, that works out at 260 chances missed.

The average child brushes nine times a week rather than the recommended 14 times – or twice-a-day.

Oral-B polled 2,000 parents with youngsters aged 12 and under.

The study found 30% of them said their child always refused to clean their teeth before bed.

Dr Roksolana Mykhalus, from Happy Kids Dental, said: “We recommend children should brush their teeth twice a day for two minutes, using a fluoride toothpaste.”

